



24-HOUR NURSE LINE

A Healthy You service for SummaCare members

Confused by all the conflicting health information you hear? Now there's somewhere you can turn.

To get answers to your healthcare questions, call the SummaCare 24-Hour Nurse Line. Experienced registered nurses have accurate, up-to-date information about almost any health topic. A nurse can answer your questions, offer support and help you make decisions about any non-emergency health situation. **All at no cost to you.** Plus, you don't even need to leave your home!

Call 800-379-5001 to do the following:

- Find out how to treat minor injuries without spending unnecessary time in the emergency room
- Learn more about a new drug or surgery your doctor recommends
- Get advice on where to go to get care
- Receive after-hours medical advice

Your health is too important to leave to chance. For information you can always count on, any time of day or night, call **800-379-5001** to speak to a registered nurse.

If you would like more information about Healthy You, please call SummaCare at 877-888-1164 or go to www.summacare.com/healthy.

**Call the SummaCare
24-Hour Nurse Line
800-379-5001**

