

2026 SummaCare Marketplace Step Therapy Drug List

This is a list of Drugs that require Step Therapy on the 2026 SummaCare Marketplace Formulary. The Step Therapy Guidelines can be found on the SummaCare website at www.summacare.com, using the "Find a Document" icon. Step Therapy exception requests can be made using the Provider Individual and Group MedImpact Medication Request Form found under "Find a Document", calling MedImpact Healthcare Systems, Inc., at Phone: 800-788-2949 or via ePA. This list is subject to change.

Name of Guideline	Drug Name	Step Therapy Requirement
ANTISPASMODICS	DARIFENACIN ER	Trial of oxybutynin or oxybutynin ER
	FESOTERODINE FUMARATE ER	Trial of oxybutynin or oxybutynin ER
	MYRBETRIQ	Trial of oxybutynin or oxybutynin ER
	TOLTERODINE TARTRATE ER	Trial of oxybutynin or oxybutynin ER
DHE ST	DIHYDROERGOTAMINE MESYLATE	ST REQ OF TRIPTAN OR TOPIRAMATE, VALPROIC ACID, DIVALPROEX, OR PROPRANOLOL
DHE ST / MIGRAINE	ALMOTRIPTAN MALATE	ST REQ OF TRIPTAN OR TOPIRAMATE, VALPROIC ACID, DIVALPROEX, OR PROPRANOLOL / TRIAL OF NARATRIPTAN, MAXALT MLT, RIZATRIPTAN, MAXALT, SUMATRIPTAN PEN/CART/TAB/SPRAY/VIAL/SYR, IMITREX PEN/VIAL, ZOLMITRIPTAN ODT, ZOLMITRIPTAN, TOPIRAMATE, VALPROIC, DIVALPROEX, OR PROPRANOLOL
	FROVATRIPTAN SUCCINATE	ST REQ OF TRIPTAN OR TOPIRAMATE, VALPROIC ACID, DIVALPROEX, OR PROPRANOLOL / TRIAL OF NARATRIPTAN, MAXALT MLT, RIZATRIPTAN, MAXALT, SUMATRIPTAN PEN/CART/TAB/SPRAY/VIAL/SYR, IMITREX PEN/VIAL, ZOLMITRIPTAN ODT, ZOLMITRIPTAN, TOPIRAMATE, VALPROIC, DIVALPROEX, OR PROPRANOLOL
	DIPENTUM	ST REQ TRIAL OF BALSALAZIDE, MESALAMINE ER, OR PENTASA
ELIDEL	PIMECROLIMUS	Trial of a topical corticosteroid
FETZIMA	FETZIMA	ST REQ of 2 of the following, paroxetine, fluoxetine, sertraline, escitalopram, mirtazapine, bupropion, citalopram, or venlafaxine IR/IE
GLP-1 ANALOG	BYDUREON BCISE	TRIAL OF METFORMIN, SU, OR TZD
	BYETTA	TRIAL OF METFORMIN, SU, OR TZD
	OZEMPIC	TRIAL OF METFORMIN, SU, OR TZD
GLP-1 ANALOG / INVOKANA / SOLIQUA	SYNJARDY	TRIAL OF METFORMIN, SU, OR TZD / Trial of generic formulary, oral anti-diabetic agent required. / ST REQ TRIAL OF METFORMIN IR/ER, SULFONYLUREA, PIOGLITAZONE, OR PREFERRED COMBINATION CONTAINING ANY OF THE AFOREMENTIONED AGENTS.
	SYNJARDY XR	TRIAL OF METFORMIN, SU, OR TZD / Trial of generic formulary, oral anti-diabetic agent required. / ST REQ TRIAL OF METFORMIN IR/ER, SULFONYLUREA, PIOGLITAZONE, OR PREFERRED COMBINATION CONTAINING ANY OF THE AFOREMENTIONED AGENTS.
	XIGDUO XR	TRIAL OF METFORMIN, SU, OR TZD / Trial of generic formulary, oral anti-diabetic agent required. / ST REQ TRIAL OF METFORMIN IR/ER, SULFONYLUREA, PIOGLITAZONE, OR PREFERRED COMBINATION CONTAINING ANY OF THE AFOREMENTIONED AGENTS.
	HYPNOTICS	ST REQ TRIAL OF ZALEPLON, AMBIEN, OR ZOLPDIEM
HYPNOTICS / SILENOR	DAYVIGO	ST REQ TRIAL OF ZALEPLON, AMBIEN, OR ZOLPDIEM
	ZOLPIDEM TARTRATE ER	ST REQ TRIAL OF ZALEPLON, AMBIEN, OR ZOLPDIEM
	ESZOPICLONE	ST REQ TRIAL OF ZALEPLON, AMBIEN, OR ZOLPDIEM / ST REQ Trial of zolpidem IR, zaleplon, or eszopiclone
INVOKANA	FARXIGA	Trial of generic formulary, oral anti-diabetic agent required.
	GLYXAMBI	Trial of generic formulary, oral anti-diabetic agent required.
	JARDIANCE	Trial of generic formulary, oral anti-diabetic agent required.
	INVOKANA / SOLIQUA	Trial of generic formulary, oral anti-diabetic agent required. / ST REQ TRIAL OF METFORMIN IR/ER, SULFONYLUREA, PIOGLITAZONE, OR PREFERRED COMBINATION CONTAINING ANY OF THE AFOREMENTIONED AGENTS.
	SYNJARDY XR	Trial of generic formulary, oral anti-diabetic agent required. / ST REQ TRIAL OF METFORMIN IR/ER, SULFONYLUREA, PIOGLITAZONE, OR PREFERRED COMBINATION CONTAINING ANY OF THE AFOREMENTIONED AGENTS.
	XIGDUO XR	Trial of generic formulary, oral anti-diabetic agent required. / ST REQ TRIAL OF METFORMIN IR/ER, SULFONYLUREA, PIOGLITAZONE, OR PREFERRED COMBINATION CONTAINING ANY OF THE AFOREMENTIONED AGENTS.
	LUZU	ST TRIAL OF KETOCONAZOLE AND CLOTRIMAZOLE CREAM
MIGRAINE	ZOLMITRIPTAN	TRIAL OF NARATRIPTAN, MAXALT MLT, RIZATRIPTAN, MAXALT, SUMATRIPTAN PEN/CART/TAB/SPRAY/VIAL/SYR, IMITREX PEN/VIAL, ZOLMITRIPTAN ODT, ZOLMITRIPTAN, TOPIRAMATE, VALPROIC, DIVALPROEX, OR PROPRANOLOL
NASAL STEROIDS	AZELASTINE-FLUTICASONE	ST REQ Trial of generic fluticasone, Flunisolide or triamcinolone NS
NEOSYNALAR	NEO-SYNALAR	ST REQ TRIAL OF FLUOCINOLONE AND BACITRACIN
NEUPRO PATCH QL	NEUPRO	TRIAL OF IR ROPINIROLE OR IR PRAMIPEXOLE
NON-SEDATING ANTIHISTAMINES	DESLOTRADINE	ST REQ TRIAL OF CETIRIZINE, OTC FEXOFENADINE, OTC LORATADINE
NUCYNTA ER	NUCYNTA ER	Requires trial of acetaminophen with codeine, hydromorphone, hydromorphone ER, morphine, morphine ER, oxycodone, oxycodone ER, tramadol, or tramadol ER.
PROTON PUMP INHIBITORS	DEXLANSOPRAZOLE DR	ST REQ TRIAL OF OMEPRAZOLE OR PANTOPRAZOLE
	LANSOPRAZOLE	ST REQ TRIAL OF OMEPRAZOLE OR PANTOPRAZOLE
	PANTOPRAZOLE SODIUM	ST REQ TRIAL OF OMEPRAZOLE OR PANTOPRAZOLE
	RABEPRAZOLE SODIUM	ST REQ TRIAL OF OMEPRAZOLE OR PANTOPRAZOLE
REXULTI	REXULTI	Requires trial of aripiprazole, citalopram, desvenlafaxine, duloxetine, escitalopram, fluoxetine, fluvoxamine, olanzapine, paroxetine, quetiapine, risperidone, sertraline, venlafaxine, or ziprasidone.
SAVELLA	SAVELLA	ST REQ TRIAL OF duloxetine, gabapentin, pregabalin or amitriptyline
SILENOR	DOXEPIIN HCL	ST REQ Trial of zolpidem IR, zaleplon, or eszopiclone
SOLIQUA	SOLIQUA 100-33	ST REQ TRIAL OF METFORMIN IR/ER, SULFONYLUREA, PIOGLITAZONE, OR PREFERRED COMBINATION CONTAINING ANY OF THE AFOREMENTIONED AGENTS.
TACLONEX	CALCIOTRIENE-BETAMETHASONE	ST REQ TRIAL OF FORMULARY TOPICAL CORTICOSTEROID
ULORIC	FEBUXOSTAT	Must have tried and failed Zyloprim
VIIBRYD	VILAZODONE HCL	ST REQ TRIAL OF TWO OF THE FOLLOWING: BUPROPION, CITALOPRAM, ESCITALOPRAM, OXALATAE, MIRTAZEPINE, PAROXETINE, SERTRALINE, VENLAFAXINE
VORTIOXETINE	DESVENLAFAXINE SUCCINATE ER	ST REQ of venlafaxine IR/ER AND 1 of the following paroxetine, sertraline, citalopram, fluoxetine, escitalopram, bupropion, or mirtazapine
	TRINTELLIX	ST REQ of venlafaxine IR/ER AND 1 of the following paroxetine, sertraline, citalopram, fluoxetine, escitalopram, bupropion, or mirtazapine
XCOPRI	XCOPRI	Requires trial of carbamazepine, divalproex, felbamate, gabapentin, lamotrigine, levetiracetam, oxcarbazepine, phenobarbital, phenytoin, pregabalin, topiramate, valproic acid, or zonisamide.