

# PregnancyCare

## A Health and Wellness program for SummaCare members

SummaCare is pleased to offer a PregnancyCare program to high-risk expectant moms. This program helps you manage your health during pregnancy. You also receive support right after your baby is born. Enrollment in the program is free and confidential.



### **PregnancyCare offers:**

- Pregnancy assessment by a SummaCare Registered Nurse Care Manager
- Phone access to the SummaCare Care Manager for questions
- Ongoing monitoring of your pregnancy between physician visits
- Coordination of care with your obstetrician as needed
- Pregnancy and newborn care education

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For more information about the PregnancyCare program, please call **877.888.1164 (TTY 800.750.0750)** or visit **[summacare.com](http://summacare.com)**.

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