

# PregnancyCare

## A Health and Wellness program for SummaCare members

SummaCare is pleased to offer a PregnancyCare program to high-risk, expectant mothers. This program helps you manage your health during pregnancy. You also receive support right after your baby is born. Enrollment in the program is at no cost to you and confidential.



### PregnancyCare offers:

- Pregnancy assessment by a SummaCare Registered Nurse Care Manager
- Phone access to the Care Manager for questions
- Ongoing monitoring of your pregnancy between provider visits and coordination of care with your obstetrician as needed
- Pregnancy and newborn care education
- Assistance with available community resources

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For more information about the PregnancyCare program, please call **877.888.1164** (TTY **711**) or visit **[summacare.com](https://summacare.com)**.

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