2020 MEDICATION THERAPY MANAGEMENT PROGRAM

If you’re in a Medicare drug plan and you have complex health needs, you may be able to participate in a Medication Therapy Management program, or MTM. MTM is a clinical program that provides education and information about your medications. It is designed to ensure that covered Part D drugs prescribed to targeted members are appropriately used to optimize therapeutic outcomes through improved medication use and to reduce the risk of adverse events, including adverse drug interactions.

MTM is a service offered by SummaCare at **no additional cost to you! Participation in the program is voluntary and does not change your drug coverage benefit.** The MTM program is required by the Centers for Medicare and Medicaid Services (CMS). To take part in this program, you must meet certain criteria set forth in part by CMS. These criteria are used to identify people who have multiple chronic diseases and are at risk for medication-related problems. If you meet these criteria, you will be invited to participate in the program, and we will send you information about the program, how to opt-out, and how to request your Comprehensive Medication Review (CMR). Your enrollment in MTM is voluntary and does not affect Medicare coverage for drugs covered under Medicare.

To qualify for SummaCare’s MTM program, you must meet **ALL** of the following three criteria:

1. Enrollees must have at least 2 or more of the following conditions or diseases: Chronic Heart Failure, Diabetes, Dyslipidemia, Hypertension, Respiratory Disease – Asthma, or Respiratory Disease - Chronic Obstructive Pulmonary Disease (COPD), Bone Disease – Arthritis – Osteoporosis, or Bone Disease – Arthritis – Rheumatoid Arthritis; **AND**
2. Enrollees must take at least 7 covered Part D medications (chronic/maintenance drugs apply); **AND**
3. Enrollees must have incurred one-fourth of the specified annual cost threshold ($4,255) for covered Part D drugs in the previous three months.

SummaCare delegates MTM services to AdhereHealth formerly PharmMD Solutions, LLC. AdhereHealth provides MTM services through pharmacist-run call centers operated by call centers that are staffed by experienced medication management specialists and pharmacists certified in a number of clinical areas of expertise, including geriatric medication management.
Enrollees who meet the criteria above will be automatically enrolled in the MTM program and will receive an introductory letter in the mail from AdhereHealth’s Medication Management Center, which provides MTM services for SummaCare members. The letter will provide an explanation of the MTM program and will include a toll free number that enrollees can call to schedule their Comprehensive Medication Review, or CMR. Instructions to opt-out of the program will also be provided for those enrollees who do not wish to partake in the voluntary program.

CMRs for newly targeted enrollees will be offered as soon as possible after enrollment into the MTM program, but no later than 60 days after being enrolled into the MTM program. Enrollees that request a CMR have either a telephone appointment scheduled for a one-on-one consultation with a pharmacist or licensed pharmacy intern under the direct supervision of a pharmacist. During the CMR, the enrollee’s entire medication profile is reviewed (including prescriptions, over the counter medications, herbal supplements, and samples) for appropriateness of therapy. Disease-specific goals of therapy and medication-related problems are discussed with the enrollee as well as any member-specific questions. After the CMR, the enrollee is mailed a CMR takeaway letter which includes a Medication Action Plan and Personal Medication List detailing the conversation with the pharmacist or licensed pharmacy intern.

All enrollees that have not opted-out of the program will receive ongoing Targeted Medication Reviews (TMR). TMRs are performed quarterly to assess medication use since the CMR. In addition, TMRs monitor whether any unresolved issues need attention, if new drug therapy problems have arisen, or if the beneficiary has experienced a transition in care. TMR categories include, but are not limited to, cost savings, safety concerns, and adherence to national treatment guidelines. The specific interventions will be determined by SummaCare with recommendations from designated AdhereHealth pharmacists targeting SummaCare’s MTM program objectives. Ambulatory MTM program participants (and Care Management Coordinators, if applicable) may also be contacted by phone for a person-to-person consultation to discuss recommendations regarding cost savings substitution, safety concern and adherence to national treatment guidelines. Likewise, the prescriber(s) will be faxed these recommendations.

If you have any questions regarding SummaCare’s MTM Program or how to obtain MTM service documents, please contact SummaCare Medicare Customer Service at 330-996-8885 or (toll free) 800-996-6250 for additional information. TTY users should call 800-750-0750. From April 1 through September 30, a representative will be available to speak with you from 8 a.m. to 8 p.m., Monday through Friday. Beginning October 1 through March 31, a representative will be available to speak with you from 8 a.m. to 8 p.m., seven days a week.

SummaCare is an HMO and HMO-POS health plan with a Medicare contract. Enrollment in SummaCare Medicare Advantage Plans depends on contract renewal.